



Valentine's Yoga and Chocolate

Come to this special Valentine's class and practice heart and shoulder opening poses, hip openers, pranayama, and relaxation. We will work with partners to enhance and deepen your experience. Bring a friend, spouse, or partner or practice with someone at the class. Everyone welcome, regardless of previous experience. Truffles will be provided.

Sunday, February 9 from 9:30 am to 11:00 am
\$20 per person (no punch cards, please)



**8 Petals Yoga Studio, 1317 Commercial
St. #203, Bellingham**

**Pre-register or drop in.
Susan D'Onofrio at 360-319-1601 or email
susan77donofrio@gmail.com**