

"Every cell in my body hummed with the vibrations of the singing bowls and a sense of peace overwhelmed me. I exchanged my own suffering with the healing of the universe."

Annette, Olympia WA

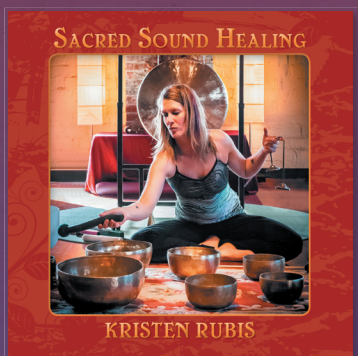
Saturday, Oct 22
8 Petals Yoga Studio

**Sacred Sound
Healing Concert**
6:30 – 8:00 pm
\$20-25 Sliding Scale

Join us for a deeply nourishing evening of breath work, meditation, gentle yoga and a sound healing concert.

Kristen performs healing sound through Tibetan metal bowls, crystal quartz singing bowls and other soothing percussive instruments.

All Welcome ~ Namaste

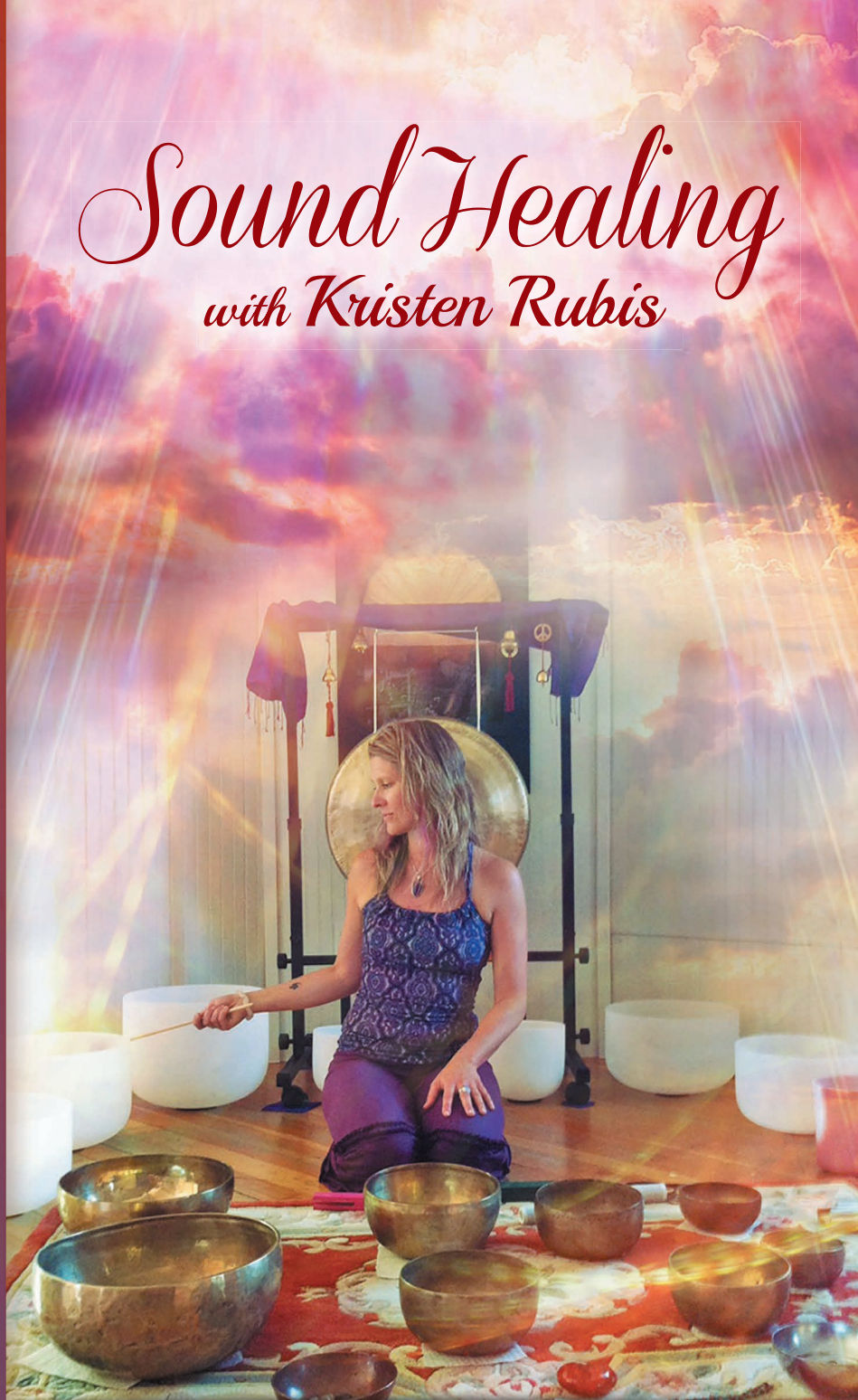


Sacred Sound Healing CD

KristenRubis.com

Sound Healing

with Kristen Rubis



"I listen with my hands and heart while I trust in the divinity of this sacred music. I am humbled and honored to share this 'Sacred Sound Healing' with the world."

Namaste` Kristen Rubis



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