



Doe Bay Yoga Retreat

Yoga, Mindfulness Meditation, and Ayurveda

Friday, October 26 – Sunday, October 28, 2018

Picture yourself at beautiful Doe Bay on Orcas Island ...



Relax in the resort's famous soaking pools and sauna, enjoy gourmet dining, and of course ... Yoga and Meditation! Enjoy an introduction to Ayurvedic Health with Katrina Svoboda Johnson (owner, Ayurvedic Health Center, Bellingham, WA) Accommodations are in small cabins that sleep 3 or more people.

Experience the joys of relaxation and rejuvenation during this special weekend in the San Juan Islands.

Private room: \$599, shared room \$499.

Yoga with Susan D'Onofrio

Register at www.whatcomyoga.com

